

Crustless Quiche

Preheat oven to 350 degrees Fahrenheit

Scramble 10 eggs

Add salt, pepper, and herbs to taste

Grease a 9.5" X 1/2" X 11" pan

Add to the pan your choice of:

- chopped veggies (broccoli, spinach, mushrooms, etc.)
- turkey bacon or sausage
- Small amount of cheese (parmesan works well)

Bake in oven for 45 minutes or until eggs are firm.

Slice into squares.

May be reheated in microwave for 30 seconds.